

TIPS FOR GETTING TO KNOW YOUR

Host Family

01 Watch their favorite television show

My host family LOVED to watch a national trivia show. We would watch together & could talk about it after. I also learned new vocab and local trivia!



Exchange recipes & cook together! 02



Learning recipes from my host mom was a great way to show interest in something she loved. I also got to bring home so good recipes!

03 Talk about your day & share what you noticed about the town

Sometimes your host family will have insight into the significance of local landmarks. They also really want to know what you are up to! Check in with them about your classes & what you are learning!



Ask for recommendations of books in the language you're learning 04

Another great way to learn a language. And, if you read the book, you can chat with them about it!



05 Ask about a decoration in their home

My host family had great décor & usually a good story about how they found it or why they liked it. I really bonded with my host mom this way.



Get to know their extended family 06

Ask them about their grandkids, cousins, parents, and get to know their family!



07 Show them your college hometown

Remember that this is a cultural exchange! Show them things from home that are important to you. It might even bring about more connections.



Get recommendations for restaurants and local sites to see 08

There are so many things to do & see & while the internet is great - a local will know the best spots.