DESCRIPTION:
Globalization has linked the world’s health more closely than before. International public health focuses on the growing health challenges that transcend national boundaries. The focus of this course is public health seen from a European perspective.

The first part of the course will introduce selected European health system structures and functions. Key conceptual frameworks needed to evaluate a health system will be discussed; these will include political analysis and strategies, performance assessment, allocation of resources and ethical theory applied to health sector.

The second part of the course will focus on the analysis major global health themes and policies, including right to health, and international health issues, such as HIV/AIDS, the burden of cancer, chronic disease, and mental health.

One class session is devoted to Jamaica as an example of public health policies and practice care in a developing country, to prepare students for their extended field study.

CREDITS: 3 credits

CONTACT HOURS: 45 hours

LANGUAGE OF INSTRUCTION: English

PREREQUISITES: Health Practice & Policy background

METHOD OF PRESENTATION:
- Group discussions
- Lectures
- Other media such as film and documentaries
- Experienced guest speakers

REQUIRED WORK AND FORM OF ASSESSMENT:
In this course, you will be required to:
1. Participate fully in discussions and prepare for the class
2. Complete a mid-term assessment project/exam
3. Submit a final paper
4. Make an oral presentation

Class Participation (20% of Grade)
Students are expected to attend each class having read the required material in preparation for class discussion and participate actively in discussions that arise in class (poor attendance and lack of punctuality will reduce the final grade).

Midterm assessment exam (20% of grade)
The mid-term exam will be a research paper (around 1200 words).

Research Paper (40% of Grade)
Paper will consist of an ‘Individual Country Health System and Policy Assessment Project. The project will be a 2500 words paper (plus end notes). The research paper will require you to analyze the Public health system for one country chosen by you. Any country can be chosen but no more than two students may choose a particular country, and all assignments must be completed independently. Your country project should include the following segments:
- Demographic Information and present political situation.
- Current Health system and brief history of health policy development.
• Discussion of the components of the system, financing, resources, delivery, quality, and access to healthcare issues, etc.
• Comparison of the Health Policy of the chosen country with other countries in Europe.
• Top challenges and priorities of the chosen country and suggestions of a relevant public health proposal i.e., development of a public health campaign.

Completing the assignment requires searching for data on the Internet, including WHO and/or embassy websites, exploring current scientific literature, and incorporating concepts discussed in the lectures. The IES Abroad Academic Integrity Code is in effect for this course, as with all other IES Abroad London courses. The code prohibits academic dishonesty, including plagiarism, which is defined in part as copying or paraphrasing passages from books, periodicals, the Internet, or other sources without appropriate citations. Your instructor can provide instructions on correct citation of sources if you are uncertain.

**Oral presentation of Research Project (20% of Grade)**
Presentations will be made in week 12.

**LEARNING OUTCOMES:**
By the end of the course students will be able to:
• Understand Health promotion and protection within Europe
• Examine European public health approaches to address health issues that go beyond national boundaries
• Explore major European public health policies and cross-border health care
• Explain the factors that determine the quality, delivery, and costs of health services for individuals, communities and populations in a comparative, global context
• Evaluate methods of financing, provider payment regulation, historical, and social-cultural elements affecting the accessibility, quality, organization, performance, and outcomes of the health care system in an international comparative context
• Use relevant health database for Europe
• Discuss health care trends Europe
• Understand research designs and quantitative methods applied to Public Health

**ATTENDANCE POLICY:**
Regular class attendance is mandatory. Irregular attendance may result in a lower grade in the course, and/or disciplinary action. The IES Abroad London class attendance policy does not allow for unexcused absences, and grades will be docked one-half letter grade for each such absence. Rare exceptions will be made for the following reasons:
• The student is too sick to attend class. In this instance, the student must call the IES Abroad Centre before class to notify any of the IES Abroad staff. It is not sufficient either to email, send a message with a friend or call the Centre after the class has started.
• A serious illness or death in the immediate family requiring a student to travel home. This requires written approval from the Centre Director before departure.

Arriving more than 10 minutes late to class may count as an unexcused absence. Immigration laws in the UK are extremely strict, and we jeopardize our legal status in hosting students who do not regularly attend class. Students who do not attend class regularly will be reported to the appropriate officials and risk dismissal from the program and deportation from the UK. If a student incurs absences representing 25% of the total class hours, they will be contacted by the Academic Programme Manager (APM) and Centre Director (CD). If these absences are made up exclusively of unexcused non-attendance, this will trigger a disciplinary review. If these absences are made up of excused non-attendance, a meeting will be held to discuss the underlying reasons for lack of attendance, and to discuss ways it can be maintained for the duration of the term. If the 25% threshold is reached due to a mixture of excused and unexcused absences, students will also be asked to attend a meeting to discuss.

**CONTENT:**
<table>
<thead>
<tr>
<th>Week</th>
<th>Content</th>
<th>Readings</th>
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<tbody>
<tr>
<td>Week 1</td>
<td><strong>Introduction to Public Health</strong></td>
<td>• Schneider, Ch 1, 30</td>
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<td></td>
<td>• Course Overview and Requirements. What is</td>
<td>• UK Parliament. UK smoking policy. Available at:</td>
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<td></td>
<td>of Public Health. A day in the Life of Public</td>
<td>• DH - Department of Health. United Kingdom.</td>
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<td>Group discussion: IES smoking policy.</td>
<td>• Pagano and Gauvreau: Chapter 1 (pages 1-5)</td>
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<td></td>
<td>• Research methods: Quantitative methods for</td>
<td>• Gordis: Chapter 1-2</td>
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<td>Policy and Demographic Research – Biostatistics</td>
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<td>and Epidemiology within the Paradigm of Public</td>
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<td>Health; Epidemiologic Investigation.</td>
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<td>Week 2</td>
<td><strong>International Health</strong></td>
<td>• Johnson &amp; Stoskopf (2001). Ch 1</td>
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<td></td>
<td>• Introduction to international health,</td>
<td>• The World Health Report (2000). Ch 1</td>
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<td></td>
<td>international health organizations. The raise</td>
<td>• The World Bank. Millennium Development Goals. Available at:</td>
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<td></td>
<td>of public-private partnerships (PPP) in health</td>
<td><a href="http://www.worldbank.org/mdgs/">http://www.worldbank.org/mdgs/</a></td>
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<td></td>
<td>and their controversies. Human rights and</td>
<td>• Kickbusch, I. 2008.</td>
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<td></td>
<td>health, including women’s sexual and</td>
<td>• Birn; Pillay; Holtz, 2009 (Ch. 3).</td>
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<td>reproductive rights, mental health, older</td>
<td>• Please take the E-learning course on human rights and health</td>
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<td>persons, persons living with HIV/AIDS, etc.</td>
<td>availability found on the Pan American Health Organization (PAHO) Website.</td>
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<td>Available at: <a href="http://new.paho.org/hq/index.php?option=com_content&amp;task=view&amp;id=1774&amp;it">http://new.paho.org/hq/index.php?option=com_content&amp;task=view&amp;id=1774&amp;it</a></td>
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<td>• The duration of the course is up to 4 hours. Students should take</td>
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<td>Modules 1 and 2 of the E-learning course. Please use the course map for</td>
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<td>a description of the different sections. Module 1 is entitled “</td>
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<td>Week 3</td>
<td><strong>Introduction to Health Systems.</strong></td>
<td>• The World Health Report 2000. Ch 2-4</td>
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<td>• Introduction to Health Systems: Key elements,</td>
<td>• Johnson J, and Stoskopf C, 2010, Ch 1 (Introduction to Health Systems)</td>
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<td></td>
<td>functions, and goals of Health Care Systems;</td>
<td>• Statistical Annex – WHO World Health Report 2000 – Ch 1</td>
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<td></td>
<td>Configuration of International Health Systems.</td>
<td>• World Bank, Health Financing Revisited. Ch 1</td>
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<td>What resources are available to get data and</td>
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<td>information?</td>
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<td>Week</td>
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<td><strong>Week 4</strong></td>
<td><strong>Evaluating Health Systems</strong></td>
<td>• The World Health Report 2000. Ch 5</td>
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<td></td>
<td>• Marmot, 2005.</td>
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<td>• Lewis, 2007</td>
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<td><strong>Week 5</strong></td>
<td><strong>Health Systems in Europe</strong></td>
<td>• Johnson J, and Stoskopf C, 2010. Ch 5 (United Kingdom).</td>
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<td></td>
<td>• Organization, financing, and main policy trends. The British health system and public health.</td>
<td>• Lassey, Lassey, and Jinks, 1997. Ch 10 (United Kingdom)</td>
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<td></td>
<td></td>
<td>• The UK faculty of public health: 12 steps to better health. Available at: <a href="http://www.fph.org.uk/uploads/manifesto_public_health.pdf">http://www.fph.org.uk/uploads/manifesto_public_health.pdf</a></td>
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<td><strong>Week 6</strong></td>
<td><strong>Health Systems in Europe</strong></td>
<td>• Johnson J, and Stoskopf C, 2010. Ch. 8 (Germany)</td>
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<td>• The statutory health systems: The case of Germany and France. Approaches and main characteristics. The German and French Health systems and public health.</td>
<td>• Cody, 2009</td>
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<td>• Thomson, Sarah, et.al, 2012 (sections on France &amp; Germany)</td>
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<td></td>
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<td>• Eurohealth, 2006 (special issue on France).</td>
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<td><strong>Midterm Assessment/Exam</strong></td>
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<td><strong>Week 7</strong></td>
<td><strong>Health Promotion &amp; Protection</strong></td>
<td>• Smith, B; Tang, K; Nutbeam, D. 2006.</td>
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<td></td>
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<td>• Alexe, D. et.al. 2008.</td>
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<td>• Anttilaa, A. et.al. 2009.</td>
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<td>Week</td>
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| **Week 8** | **Health Promotion & Protection**  
  - Infectious diseases: Focus on HIV/AIDS.  
    Epidemiology in Europe; Psychological and Social Aspects of Living with HIV; Primary HIV Prevention: theory and practice; Prevention Strategies:  
    - Individual & Small Group Level Interventions, Community-Level & Structural Interventions. |  
  - Noar, and Zimmerman, 2005.  
  - Coates, and DeCarlo, We know what works in HIV prevention – why aren’t we doing more of it? Available at: http://www.caps.ucsf.edu/pubs/FS/pdf/whatworksFS.pdf.  
  - Trickett, Beehler, Deutsch et al., 2011.  
| **Week 9** | **Health Promotion & Protection**  
  - Focus on Aging and long-term care, and Mental Health.  
  - Ageing, long term care and Palliative Care: Balancing fair protection, and financial sustainability, Mapping long-term care services across Europe, Impact of chronic disease on need for long-term care.  
  - Mental Health: epidemiology of mental illness; Labeling and Stigma, Social Distribution of Mental Health and Illness, Mental Health and Palliative Care Policies across Europe. |  
  - Kohn, Corrigan, and Donaldson M.E. (1999)  
  - European Observatory on Health Care Systems. 2007. Making the economic case for mental health in Europe. Available at: http://www2.lse.ac.uk/LSEHealthAndSocialCare/pdf/eurohealth/VOL13no3/MHE...  
  - Mechanic, 2008. Ch 1-3-12-13  
  - Spitzer, 2005.  
| **Week 10** | **Health Systems in Jamaica: medical practices and policy; community health care and comparative systems in the UK and Jamaica. Public-private partnerships, meeting local and regional health care needs; the role of traditional medicine in immigrant communities.** |  
  - Guest Speaker: TBC Speaker |
### Week 11

**Theoretical constructs**
- Addressing the students’ questions and applying theoretical constructs. Group discussion: Primary Health Care (PHC), from Alma Ata Declaration to current times and future challenges.
- European perspectives on PHC. A special focus on the Caribbean (in preparation for the trip to Jamaica).

**Readings**
- Mullings, J. and Tomlin, P. 2007

### Week 12

**Final Presentations**
- Final Projects presentations– ‘Individual Country Health System and Policy Assessment Project’. Presentation should be made in class.

### Required Readings:

**NOTE:** The course materials will be available electronically on Moodle, and will contain hand-out summaries, and chapter sections from a variety of sources, including either copies of, or references to, journal papers.

- European Observatory on Health Care Systems. 2007. Making the economic case for mental health in Europe. Available at: http://www2.lse.ac.uk/LSEHealthAndSocialCare/pdf/eurohealth/VOL13no3/MHE
• Kickbusch, Ilona. Identifying critical societal Public Health needs: In search of the public health paradigm for the 21st century. 2008 (available on-line)
• World Bank, Social Health Insurance Re-examined. Available at: http://www.worldbank.org/health/healthinsurance
• International profiles of Health Care Systems. The Commonwealth Fund, Available at: http://www.commonwealthfund.org/Publications/Fund-Reports/2012/Nov/Inte...