
AN/HL 357 HEALTH, CULTURE, AND GLOBAL SOCIETY
IES Abroad Granada

DESCRIPTION:

The objective of this course is to understand and analyze the social and cultural factors that influence the processes of health, illness, and care in globalized societies. With that purpose, we will study new possibilities of understanding these subjects through qualitative and ethnographic research.

CREDITS: 3

CONTACT HOURS: 45

LANGUAGE OF PRESENTATION: Spanish.

PREREQUISITES:

One university-level course in Anthropology, Sociology, or Health Studies, or consent of instructor.

ADDITIONAL COST: none

METHOD OF PRESENTATION:

In general, the approach to each content topic will consist of:

- Presentation by the instructor.
- In-class discussion based on the texts previously read by the students.
- In-class exercises based on other materials prepared by the instructor or students.

REQUIRED WORK AND FORM OF ASSESSMENT:

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|------------------------|-----|
| • Course Participation | 10% |
| • Midterm | 25% |
| • Final Exam | 30% |
| • Research Project | 35% |

Course Participation

The participation grade will include the previous completion and understanding of the required readings, the completion of brief assignments assigned by the instructor, as well as active and engaged participation in the discussions in class and on Moodle.

Midterm Exam

An exam consisting of a variety of medium-length questions in which students will need to demonstrate their understanding of the readings and material covered in class.

Final Exam

An exam consisting of a variety of medium-length questions in which students will need to demonstrate their understanding of the readings and material covered in class.

Research Paper

Each student, in agreement with the professor, will choose a topic related to Anthropology of Health to complete a research paper of 8-10 pages. Before completing the final version of the project, students are required to turn in a rough draft to the instructor in order to receive her feedback and suggestions.

LEARNING OUTCOMES:

By the end of the course, students will be able to:

- Demonstrate knowledge about the contribution of Social and Cultural Anthropology to the understanding of the processes of health, illness, and care.
- Appraise the importance of culture in the distribution of illnesses and health risks, as well as in the protection against them.
- Demonstrate different forms of cross-cultural comparison in the field of health.
- Identify and apply ethnographic research methods in order to understand the processes of health, illness, and care in a globalized society.
- Apply critical thinking, empathy, and the capacity to analyze problems as future professionals.

ATTENDANCE POLICY: Attendance is mandatory for all IES classes, including field studies. For this course, if a student misses more than three classes, one third of a letter grade will be deducted from the final grade for every additional absence. Missed exams, presentations, or any other assignments can only be rescheduled in case of documented medical or family emergencies.

CONTENT:

Session	CONTENT	READINGS
Session 1	1. Health and illness from a cultural perspective. 1.1 The concept of health and illness.	No required readings. Materials focusing on the influence of culture on the perception of health and illness will be distributed.
Session 2	1. Health and illness from a cultural perspective. 1.2. The experience of illness in different populations.	• Langdon, Esther Jean; Wiik, Flávio Braune. "Antropología, salud y enfermedad: una introducción al concepto de cultura aplicado a las ciencias de la salud" en <u>Revista Latino-Americana Enfermagem</u>, 18 (3) (2010), pp.173-181. • Esteban Galarza, María Luz (comp.). <u>Introducción a la antropología de la salud. Aplicaciones teóricas y prácticas</u>. Bilbao: OSALDE-OP, 2007, pp 5-18. • Video. Cambios Sociales y Salud Pública. Escuela Andaluza de Salud Pública. 2014: https://www.youtube.com/watch?v=hhwioKyrrpA

Session 3	3. Health Systems. 3.1. Therapeutic itineraries. Health Care Models. Alternative medicines: Introduction to Ayurvedic Medicine and Chinese Medicine.	- Las medicinas alternativas y complementarias como recurso en los itinerarios terapéuticos de las mujeres. Importancia en nuestro contexto. <u>Feminismo/s</u>, 10, diciembre 2007, pp. 145-162 - Moreno Leguizamon, Carlos J. "Salud-Enfermedad y Cuerpo-Mente en la Medicina Ayurvédica de la India y en la Biomedicina Contemporánea" en <u>Antípoda, Revista de Antropología y Arqueología</u>, (3) (2006), pp. 91-121. - Video: Medicinas Alternativas. Ayurveda, el Arte de Vivir.2014 https://www.youtube.com/watch?v=YJ7xODIjWoS
Session 4	4. Models of Health Care. 4.1. Illness, methods of communication, and anthropology: the case of Ebola	"Apuntes sobre el paciente cero: antropología en los tiempos del ébola", <u>La Marea</u>, 9 de Octubre de 2014.
Session 5	4. Models of Health Care 4.2. Health care in the global society. Doctor-patient relationships in different cultural environments.	- Allué Martínez, Marta. <u>El paciente inquieto. Los servicios de atención médica y la ciudadanía</u>. Barcelona: Edicions Bellaterra, 2013, pp 33-49. - El sufrimiento de la población en la crisis económica del Estado español. <u>SALUD COLECTIVA</u>, Buenos Aires, 10(1):95-98, enero - abril, 2014
Session 6	5. Health and Technology. 5.1. About how our relationship changes with the processes of health/illness/care and the health care system. Case study: Health apps for the control of sexual and reproductive health.	- Fernández Silano, Mariano. "La Salud 2.0 y la atención de la salud en la era digital", en <u>Revista Médica de Risaralda</u>, 20(1) (2013), pp.41-46. - León Larios, Fátima et al. "Perspectiva de Género en las aplicaciones móviles para gestionar la salud reproductiva", en <u>Mujeres e investigación. Aportaciones interdisciplinarias: VI Congreso Universitario</u>

		<u>Internacional Investigación y Género.</u> SIEMUS, 2016, pp. 377-384
Session 7	Faculty of Medicine. UGR. Forensic anthropology	Visit to the Laboratory of Physical Anthropology of the University of Granada, known as the most complete laboratory of human identification using bones in Europe, with more than 200 researchers from 20 different countries. This laboratory has become an international reference concerning 3D bone identification, human evolution, paleontology and physical and forensic anthropology.
Session 8	6. Inequalities in health. 6.1 What makes us ill? Socio-cultural factors contributing to the distribution of illnesses.	• Martínez Hernández, Ángel. <u>Antropología Médica: Teorías sobre la cultura, el poder y la enfermedad</u>. Rubí (Barcelona): Anthropos, 2008. Cap. 2, pp 45-81 • Scheper-Hugues, Nancy. <u>La muerte sin llanto. Violencia y vida cotidiana en Brasil</u>. Barcelona: Ariel, 1997, pp13-40. • Video: Unnatural Causes - Multiple Stress Factors & Social Indicators of Health https://www.youtube.com/watch?v=r1btRiljVdg
Session 9	7. The perspective of gender and health: recognizing inequalities. 7.1. Gender inequalities through the intercultural and ethnographic focus.	• Gil García, Eugenia; Romo Avilés, Nuria. "Reflexiones en torno a la importancia de la perspectiva de género para comprender los procesos de salud y enfermedad" _En: <u>Igualdad de Oportunidades y Conciliación: una visión multidisciplinar</u>. Jaén: Universidad de Jaén, 2007. • Video: Gender equality and health http://www.sophie-project.eu/videos.htm
Session 10	7. The perspective of gender and health: recognizing inequalities. 7.2. Personal experiences. Intersectional analysis of processes of health and illness.	• Esteban, María Luz. "El estudio de la salud y el género: las ventajas de un enfoque antropológico y feminista", en <u>Salud Colectiva</u>, 2(1) (2006), pp. 9-20.

Session 11	8. Nutrition and Culture. 8.1 Are we what we eat? Nutrition and culture in Spain.	- Gracia-Arnaiz, Mabel. (ed). <u>Somos lo que comemos: estudios de alimentación y cultura en España</u>. Grupo planeta, 2002, pp 9-14. - Gracia-Arnaiz, Mabel. “¿Somos lo que comemos? Alimentos, Significados e Identidades”, en <u>Alimentos Hoy</u>, 20 (22) (2011), pp.3-5.
Session 12	8. Nutrition and Culture. 8.2 Medicalization of nutrition. Nutrition, health, and illness.	- Zafra, Eva; Muñoz García, Araceli; Larrea-Killinger, Cristina. “¿Sabemos lo que comemos?: Percepciones sobre el riesgo alimentario en Cataluña, España”, en <u>Salud Colectiva</u>, 12 (4) (2016), pp. 505-518. - Gracia-Arnaiz, Mabel. “Comer bien, comer mal: la medicalización del comportamiento alimentario”, en <u>Salud pública de México</u>, 49 (3) (2007), pp. 236-242.
Session 13	9. Body, Culture and Society. 9.1. Body and society. The anthropology of the body.	Esteban, María Luz. (2ª ed.) <u>Antropología del cuerpo. Género, itinerarios corporales, identidad y cambio</u>. Barcelona: Edicions Bellaterra, 2011, pp 23-33.
Session 14	10. The influence of culture and society on mental health	- Kleinman, Arthur et al. “Time for mental health to come out of the shadows” en <u>The Lancet</u>, 387 (2016), pp. 2274-2275. - Margalida Gili et al., The mental health risks of economic crisis in Spain: evidence from primary care centres, 2006 and 2010. <u>European Journal of Public Health</u>. Vol. 23, No. 1, 103–108
Session 15	11. The influence of culture and society on mental health 11.1 Towards social inclusion in mental health	- Ainara Arnaiz y J. J. Uriarte Estigma y enfermedad mental. <u>NORTE DE SALUD MENTAL</u> nº 26. 2006. PAG 49–59. - Pedersen, Duncan. “Estigma y exclusión social en las enfermedades mentales: apuntes para el análisis y diseño de intervenciones”. <u>Acta Psiquiátrica y Psicológica de América Latina</u>, 2009, vol. 55, Nº 1, pp. 39-50.

Session 16	Midterm Exam	
Session 17	12. Violence and health. Interpersonal violence and gender violence. 12.1. Human rights, gender violence, and health.	- Alvarez, Lucia; Auyero, Javier. “«La ropa en el balde» Rutinas y ética popular frente a la violencia en los márgenes urbanos”, en <u>Nueva Sociedad</u> 251 (2014), pp. 17-30. - Bosch Fiol, Esperanza; Ferrer Pérez, Victoria A. “Nuevo modelo explicativo para la violencia contra las mujeres en la pareja: el modelo piramidal y el proceso de filtraje”, en <u>Asparkia</u>, 24 (2013), pp. 54-67.
Session 18	13. Drugs and Societies. Drugs policies. Use and abuse. 13.1. Drug policies. 13.2. Epidemics of consumption: the crisis of the abuse of opiates.	- Arana, Xabier. <u>Drogas, legislaciones y alternativas. De los discursos de las sentencias sobre el tráfico ilegal de drogas a la necesidad de políticas diferentes</u>. Bilbao: Gakoa Liburuak, 2012, pp. 327-377. - Bourgois, Phillipe. “Crack-cocaína y economía política del sufrimiento social en Norteamérica”, en <u>Monografías Humanitas</u>, 5 (2004), pp. 95-103.
Session 19	13. Drugs and Societies. Drugs policies. Use and abuse. 13.3. Alcohol abuse in adolescents and young people.	- Romo-Avilés, Nuria; Marcos-Marcos, Jorge; Gil-García, Eugenia y Tarragona-Camacho, Alicia. “Bebiendo como chicos: consumo compartido de alcohol y rupturas de género en poblaciones adolescentes”, en <u>Revista española de drogodependencias</u>, 40(1) (2015), pp. 13-28. - Romo-Avilés, Nuria. “Las chicas también se arriesgan (Girls take risks too)”, en <u>De riesgos y placeres: Manual para entender las drogas</u>. Eds. David Pere Martínez Oró y Joan Pallarés Gómez. Barcelona: Milenio, 2013. - Video: Redes - La mirada de Elsa - Drogas, el alcohol. 2013. http://www.rtve.es/alacarta/videos/redes/redes-mirada-elsa-drogas-alcohol/1698835/

Session 20	14. The application of the gender perspective to the world of drug dependencies. Feminism and processes of medicalization. 14.1. The use of sedative-hypnotic drugs: Prescription and abuse.	• Observatorio cualitativo sobre la relación entre el consumo de drogas y los abusos sexuales en contextos de ocio nocturno. <u>Noctambul@s</u>. Ministerio de Sanidad, Servicios Sociales e Igualdad, 2014-2015. • Fundación Atenea <u>Hombres, mujeres y drogodependencias. Explicación social de las diferencias de género en el consumo problemático de drogas</u>. 2016.
Session 21	Classroom guest. Andalusian School of Public Health. The Patient School Experience.	To be determined
Session 22	15. Pain and Culture. 15.1. Socio-cultural factors that condition our perception and actions regarding pain.	• Le Breton, David. <u>Antropología del cuerpo y modernidad</u>. Buenos Aires: Nueva Visión, 1995, pp 13-27. • Barragán-Solís, Anabella. "El dolor crónico: una visión antropológica de acuerdo a familiares y pacientes", en <u>Archivos en medicina familiar</u>, 8 (2) (2006), pp. 109-117. • Video: Dolor y Emociones. Psicopatología. 2008. https://www.youtube.com/watch?v=35qFS6dGsW8
Session 23	16. Cultural perspectives of death. 16.1. How different groups face death and their rituals. Cultural and ethnographic differences.	• Barley, Nigel. <u>Bailando sobre la tumba: Encuentros con la muerte</u>. Madrid: Anagrama, 2000. (Capítulo 1) • Durán Heras, María Angeles. "La calidad de muerte como componente de la calidad de vida", en <u>Revista Española de Investigaciones Sociológicas</u>, 106 (1) (2004), pp. 9-32.

COURSE-RELATED TRIPS: None

REQUIRED READINGS:

- Esteban Galarza, María Luz (comp.). Introducción a la antropología de la salud. Aplicaciones teóricas y prácticas. Bilbao: OSALDE-OP, 2007.
- Martínez Hernández, Ángel. Antropología Médica: Teorías sobre la cultura, el poder y la enfermedad. Rubí (Barcelona): Anthropos, 2008.

RECOMMENDED READINGS:

- Boixareu R. (ed.). De la Antropología Filosófica a la Antropología de la Salud. Barcelona: Herder, 2008.
- Comelles, Jossep M. Inmigración, cultura y salud. Obra Social La Caixa, Programa de Formación Mediación Intercultural en Salud, 2000.
- Inhorn, Marcia C.; Patrizio, Pasquale. "Infertility around the globe: new thinking on gender, reproductive technologies and global movements in the 21st century", en *Human Reproduction Update*, 21 (4) (2005), pp. 411-426.
- Kleinman, Arthur; Eisenberg, Leon; Good, Byron. "Culture, Illness, and Care: Clinical Lessons from Anthropologic and Cross-Cultural Research" en FOCUS. The Journal of Lifelong Learning in Psychiatry, 4 (1) (2006).
- Kleinman Arthur. "Care: In search of a health agenda", en *The Lancet*, 386 (9990) (2015), pp. 240-241
Kleinman, Arthur et al. "Time for mental health to come out of the shadows" en *The Lancet*, 387 (2016), pp. 2274-2275.
- Márquez, Soledad; Meneu, Ricard. "La medicalización de la vida y sus protagonistas" en *Gestión clínica y sanitaria*, 5 (2) (2003), pp. 47-53.
- Menéndez, Eduardo Luis. "Intencionalidad, experiencia y función: la articulación de los saberes médicos" en *Revista de Antropología Social*, 14 (2005), pp. 33-71.
- Scheper-Hughes, Nancy. "Rotten Trade: Millennial Capitalism, Human Values and Global Justice in Organs Trafficking", en *Journal of Human Rights* 2(2) (2003), pp.197-226.
- Scheper-Hughes, Nancy. "El comercio infame: capitalismo milenarista, valores humanos y justicia global en el tráfico de órganos", en *Revista de Antropología Social*, 14 (2005), pp. 195-236.
- Singer, Merrill; Baer, Hans. Introducing Medical Anthropology. A Discipline in Action. Lanham: Altamira Press, 2007.
- Taylor, James Stacey. "A "Queen of Hearts" trial of organ markets: why Scheper-Hughes's objections to markets in human organs fail", en *Journal of Medical Ethics*, 33(4) (2007) pp.201-204.

FILMS IN CLASS

Cambios Sociales y Salud Pública. Escuela Andaluza de Salud Pública. 2014

<https://www.youtube.com/watch?v=hhwioKyrrpA>

Unnatural Causes – Multiple Stress Factors & Social Indicators of Health

<https://www.youtube.com/watch?v=r1btRiljVdg>

Antropología del cuerpo. Documentos UNED. 2012

<https://www.youtube.com/watch?v=oZ-mjAxc4lY>

Medicinas Alternativas. Ayurveda, el arte de Vivir. 2014
<https://www.youtube.com/watch?v=YJ7xODIjWos>

Gender equality and health
<http://www.sophie-project.eu/videos.htm>

Redes – La Mirada de Elsa – Drogas, el alcohol. 2013.
<http://www.rtve.es/alacarta/videos/redes/redes-mirada-elsa-drogas-alcohol/1698835/>

Dolor y Emociones. Psicomática. 2008.
<https://www.youtube.com/watch?v=35qFS6dGsW8>